

SHOPPING LIST MENU 49

DAIRY

2 Eggs

1/2 Cup Butter (No substitutions)

CANNED GOODS

14 Ounce Can Chop Suey Vegetables

DRY GOODS

2/3 Cup White Long Grain Rice

2/3 Cup Cornstarch

1/2 Cup Flour

1/4 Cup Confectioners' Powdered Sugar

HERBS & SPICES

1/2 Teaspoon Garlic Powder

1/4 Teaspoon Ground Ginger

Salt

1 Teaspoon Almond Extract

OTHER

2 Tablespoons Cooking Oil

1 1/2 Tablespoons Soy Sauce