

## **SHOPPING LIST MENU 47**

### PRODUCE

Fresh Fruit in season (2 servings)  
2 Medium Russet Potatoes  
1/4 Medium Onion

### DAIRY

1/2 Cup Shredded Cheddar Cheese  
4 Ounces Sharp Cheddar Cheese  
4 Eggs  
2/3 Cup Milk

### BAKERY

1 Slice Bread

### MEAT

1/2 Pound Bulk Ground Sausage

### DRY GOODS

1 1/2 Cups Biscuit Mix

### HERBS & SPICES

Salt and Pepper  
1 Tablespoon Sesame Seeds  
2 Teaspoon Dry Minced Onion

### OTHER

1 Tablespoon Mayonnaise (No substitutions!)  
1 Tablespoon Cooking Oil