

SHOPPING LIST MENU 42

PRODUCE

- 1/4 Small Onion
- 2 Medium Baking Potatoes
- 16 Ounces Fresh Strawberries

DAIRY

- 1 Egg
- 2 Cups Milk
- 1 Cup Small Curd Cottage Cheese
- 2 Tablespoons Butter
- 2 Tablespoons Grated Parmesan Cheese
- 1 Cup Whipped Cream

MEAT

- 1/2 Pound Lean Ground Beef

DRY GOODS

- 1/3 Cup Italian Seasoned Bread Crumbs
- 1 Tablespoon Brown Sugar
- 1 Box Instant Chocolate Pudding Mix, 4 serving size

HERBS & SPICES

- 1 Teaspoon Garlic Powder
- Salt and Pepper
- 1/4 Teaspoon Dry Mustard
- 1 Tablespoon Dried Parsley

FREEZER

- 1 Cup Frozen Broccoli Cuts

OTHER

- 1/3 Cup Ketchup
- 1 Tablespoon Prepared Horseradish
- 6 Ounce Chocolate Crumb Pie Crust
- 1/4 Cup Chocolate Syrup