

SHOPPING LIST MENU 41

PRODUCE

1/4 Medium Onion
1 Rib Celery
1/4 Green Pepper

DAIRY

2 1/2 Tablespoons Butter
1/3 Cup Milk
2 Eggs

CANNED GOODS

15 Ounce Can Diced Tomatoes
15 Ounce Can Solid Pack Pumpkin
2/3 Cup Evaporated Milk

MEAT

1/2 Pound Ground Sausage, Mild or Spicy

DRY GOODS

1/2 Tablespoon Brown Sugar
1/2 Cup Flour
3/4 Teaspoon Baking Powder
2/3 Cup Sugar

HERBS & SPICES

1/4 Teaspoon Basil
1 Bay Leaf
1/2 Tablespoon Dried Parsley
1 Teaspoon Ground Cinnamon
1/2 Teaspoon Nutmeg
1/4 Teaspoon Ginger
Salt and Pepper