

SHOPPING LIST MENU 29

DAIRY

1/2 Cup Shredded Mozzarella Cheese
1/2 Cup Milk
6 Tablespoons Butter
1 Egg

CANNED GOODS

4 Ounce Can Sliced Mushrooms
14.5 Ounce Can Crushed or Diced Tomatoes
15 Ounce Can Apricot Halves

MEAT

1/2 Pound Very Lean Ground Beef
1/4 Cup Pepperoni Slices, (about 18-20 slices)

DRY GOODS

3/4 Cup Elbow Macaroni
2 Cups Biscuit Mix
1/2 Tablespoon Cornstarch
1/2 Teaspoon Baking Soda
1/4 Cup Flour
3/4 Cup Sugar
1/4 Cup Quick Rolled Oatmeal

HERBS & SPICES

1/2 Teaspoon Dried Basil
Salt and Pepper

OTHER

2 Tablespoons Steak Sauce
3 Teaspoons Lemon Juice
1/4 Cup Apricot Preserves
1 Tablespoon Cooking Oil