

## **SHOPPING LIST MENU 28**

### DAIRY

10 Ounces Milk

3 Eggs

1 Tablespoon Butter

1/4 Cup Heavy Cream

### CANNED GOODS

10 3/4 Ounce Can Condensed Cream of Chicken Soup

### DRY GOODS

3/4 Cup Flour

3 Tablespoons Sugar

1 Teaspoon Baking Powder

### HERBS & SPICES

Salt and Pepper

### FREEZER

2 Cups Frozen Berries, any variety, IQF (Individually Quick Frozen) is best

### OTHER

2 1/2 Tablespoons Cooking Oil