

SHOPPING LIST MENU 8

DAIRY

- 1 Tablespoon Butter
- 1/2 Cup Sour Cream
- 1 1/2 Cups Whipped Cream (or Frozen Whipped Topping)

CANNED GOODS

- 14.5 Ounce Can Green Beans
- 10 3/4 Ounce Can Condensed Cream of Mushroom Soup

MEAT

- 1/2 Pound Very Lean Ground Beef

DRY GOODS

- 1 1/2 Cups Dry Egg Noodles
- 1 Tablespoon Cocoa
- 1 Tablespoon Confectioners' Powdered Sugar

HERBS & SPICES

- 1/2 Teaspoon Granulated Beef Bouillon
- 2 Teaspoons Dry Minced Onion
- Salt